



WALLS PROBLEM SOLVING DRAMA (CONFLICT RESOLUTION STRATEGIES FOR TEENAGERS)

Aims:

Let's learn how to solve a conflict, how to handle relationships.



Task 1

This is an icebreaker game.

Sit back, close your eyes and relax. I am going to lead you through a visualisation phase. You just have to imagine the following places, things and situation.

...

This is the end of our imaginary trip. Open your eyes slowly, get back to reality again.



Task 2

Was the imaginary trip interesting? Exchange your experiences in pairs, please. Explain the walls you visualised to your partner. And share your partner's experiences with the whole class.



Task 3

What kind of walls have you got in your life? Do you know the reason of their existence? Let's collect some abstract walls from our lives, which make relationships more complicated!



Task 4

This exercise discovers the basic situation.

Form four groups and read the brief story of Judith and her family.

Judith is a 16-year-old secondary school student. She is the only child of her parents so she is a bit spoilt. She goes to the best grammar school in the city. She is devoted to become a lawyer as her father. She has already got her place in her father's office.

She lives in a well-to-do family. They have a big, fancy detached house in a posh suburb of a big city. Her father is a lawyer, having his own office and working long hours a day. He loves her daughter very much and tries to spend as much time with her as it's possible. They love to play golf together at the weekends or on holidays.

Her mother is a housewife. She studied psychology at university but she has never graduated. She runs the house and provides peaceful and loving background for her beloved. She is very proud of her daughter and wants all the best for her. In her free time she works for a youth protecting organization as a volunteer. She deals with young adults having drug problems.





Judith has many friends at school. She loves going out with them on Saturdays. They often go to concerts or just to a café to chat. She hasn't had a boyfriend before, but some days ago she met a boy on a concert and they started to go out. Now she is in love. The boy is a punk.



Task 5

I need four students from the class, one from each group, to act out a situation according to the role cards. You can form the situation as you feel. You have got 3 minutes to think it over. The task of the rest of the group is to watch the situation and if you find a problem name it by writing it down.

Role card 1

You are Judith and you are anxious, because this is the first time, that you want to introduce your boyfriend to your parents. You are worried what they think about him, whether they accept him.

Keywords:

Let me introduce....

He is...

We met...

Role card 2

You are Judith's boyfriend. This is the first time you meet your girlfriend's parents. You don't really want to impress them. Behave as you usually do!

Keywords:

Nice to meet you!

What a nice flat!

I'm...

Role card 3

You are Judith's father. You have just arrived home after a tiring day at work. You don't like if anyone disturbs your family life in the evenings.

Keywords:

How do you do?

How about your parents?





Role card 4

You are Judith's mother. You have just cooked dinner for your family. You are always interested in your daughter's friends.

Keywords:

I'm so glad to meet you!

Have you got a brother or a sister?

Will you join us for dinner?



Task 6

In this exercise think over the possible feelings and thoughts of the characters.

Study the chart and collect your ideas about the matters you can read on your paper. When you are ready, put the sheet of paper on the board to the appropriate place. Explain your group's opinion.

Group 1 What do the parents want? (hope, needs, aims)

Group 2 What are the parents afraid of? (threats, fears)

Group 3 What does Judith want? (hope, needs, aims)

Group 4 What is Judith afraid of? (threats, fears)



Task 7

Now as we know all the family members' thoughts and aims, let's try to figure out what happened after Judith's boyfriend left. Act out a situation where the parents and Judith want to find a solution for their problem. Don't forget that, the members of the family love each other and their desire is to solve the situation.



Task 8

Think over the role of the walls in the lesson. Have they changed? Have they disappeared? Stand up, please! Your task is to act your final relation with the wall in slow motion.

